

Illinois Wesleyan Men's Outdoor Track 2019 Season Bests



TEAM RESULTS

March 29	WashU Distance Carnival	No team scores recorded
March 30	Knox College Open	2 nd place (of 5 teams)
April 6	DePauw Invitational	7 th place (of 10 teams)
April 13	Greenville Select	8 th place (of 12 teams)
April 20	Dewey Allgood Invitational	No team scores recorded
April 27	Illinois College Invitational	5 th place (of 13 teams)
May 4	CCIW Outdoor Championships	7 th place (of 9 teams)
May 9-10	North Central Dr. Keeler Invitational	No team scores recorded
May 16	Augustana Twilight Qualifier	No team scores recorded

SCHOOL RECORDS SET THIS SEASON

100 Meter Dash

IWU Record: Segun Olopo	10.56	2007
Michael Hones (Pontiac, Ill. / Pontiac Township HS)	11.10	CCIW, 5/4/19
Kyonn Keith (Bloomington, Ill. / Bloomington HS)	11.12	CCIW, 5/4/19
Dylan Ruskin (Deerfield, Ill. / Deerfield HS)	11.61	Dewey, 4/20/19
Seth Carlile (Waukegan, Ill. / Gurnee Warren HS)	12.00	CCIW, 5/4/19
PrithviRaj Bandaru (Aurora, Ill. / Metea Valley HS)	12.11	Greenville, 4/13/19
Jake Mahaffey (Plainfield, Ill. / Providence Catholic)	12.33	Greenville, 4/13/19
Davis Nguy (Bloomington, Ill. / Normal Community HS)	12.59	DePauw, 4/6/19

200 Meter Dash

IWU Record: Matt Harden	21.07	2007
Dylan Ruskin (Deerfield, Ill. / Deerfield HS)	22.96	CCIW, 5/4/19
PrithviRaj Bandaru (Aurora, Ill. / Metea Valley HS)	23.49	Knox, 3/30/19
Brian Worby (Dwight, Ill. / Pontiac Township HS)	23.51	DePauw, 4/6/19
David Horn (Champaign, Ill. / St. Thomas More HS)	23.77	DePauw, 4/6/19
Michael Hones (Pontiac, Ill. / Pontiac Township HS)	24.33	Knox, 3/30/19
Seth Carlile (Waukegan, Ill. / Gurnee Warren HS)	24.87	Dewey, 4/20/19

400 Meter Dash

IWU Record: Matt Harden	47.02	2007
Michael Hones (Pontiac, Ill. / Pontiac Township HS)	53.74	Dewey, 4/20/19
Davis Nguy (Bloomington, Ill. / Normal Community HS)	55.13	Illinois College, 4/27/19

800 Meter Run

IWU Record: Tyler Saunders	1:51.43	2012
Jeremy Glickman (Wilmette, Ill. / New Trier HS)	1:56.97	Illinois College, 4/27/19
Kelly Hoffmann (Elmwood, Ill. / Elmwood HS)	2:05.42	DePauw, 4/6/19
Liam Owens (Peoria, Ill. / Notre Dame HS)	2:09.36	Greenville, 4/13/19
Seth Borrowman (Washington, Ill. / Washington HS)	2:14.94	Knox, 3/30/19
Davis Nguy (Bloomington, Ill. / Normal Community HS)	2:20.32	DePauw, 4/6/19
Jonathan Durr (Chatham, Ill. / Glenwood HS)	2:28.06	Knox, 3/30/19
Zach Schneider (Mundelein, Ill. / Carmel Catholic HS)	2:28.93	Knox, 3/30/19
Raul Sustaita (Forsyth, Ill. / Decatur St. Teresa HS)	2:37.38	Illinois College, 4/27/19

1500 Meter Run

IWU Record: Elliot Nott	3:52.87	1995
Jeremy Glickman (Wilmette, Ill. / New Trier HS)	4:02.80	Dewey, 4/20/19
Steven Raybould (Hometown, Ill. / Oak Lawn HS)	4:12.70	Illinois College, 4/27/19
Kelly Hoffmann (Elmwood, Ill. / Elmwood HS)	4:17.90	CCIW, 5/4/19

Liam Owens (Peoria, Ill. / Notre Dame HS)	4:24.78	Greenville, 4/13/19
Jonathan Durr (Chatham, Ill. / Glenwood HS)	4:29.47	CCIW, 5/4/19
Seth Borrowman (Washington, Ill. / Washington HS)	4:45.85	Knox, 3/30/19
Zach Schneider (Mundelein, Ill. / Carmel Catholic HS)	4:58.93	Knox, 3/30/19
Michael Gryl (Morton, Ill. / Morton HS)	5:21.04	Illinois College, 4/27/19
Raul Sustaita (Forsyth, Ill. / Decatur St. Teresa HS)	5:40.55	DePauw, 4/6/19

1 Mile Run

3,000 Meter Run

5,000 Meter Run

IWU Record: Steve Leake	14:58.40	1987
Steven Raybould (Hometown, Ill. / Oak Lawn HS)	15:36.73	CCIW, 5/4/19
Matt Wagner (Palos Heights, Ill. / Marist HS)	15:51.16	Greenville, 4/13/19
Max Crowninshield (Mt. Prospect, Ill. / Prospect HS)	16:34.57	Greenville, 4/13/19
Kelly Hoffmann (Elmwood, Ill. / Elmwood HS)	16:53.98	North Central, 5/9/19
Zach Schneider (Mundelein, Ill. / Carmel Catholic HS)	17:19.35	Greenville, 4/13/19

10,000 Meter Run

IWU Record: Steve Leake	30:37.50	1987
Matt Wagner (Palos Heights, Ill. / Marist HS)	32:59.00	CCIW, 5/4/19

110 Meter Hurdles

IWU Record: Matt Harden	14.41	2005
PrithviRaj Bandaru (Aurora, Ill. / Metea Valley HS)	17.86	CCIW, 5/4/19
Davis Nguy (Bloomington, Ill. / Normal Community HS)	18.58	Dewey, 4/20/19

400 Meter Hurdles

IWU Record: Karle Koritz	54.19	1999
David Horn (Champaign, Ill. / St. Thomas More HS)	57.49	Illinois College, 4/27/19
PrithviRaj Bandaru (Aurora, Ill. / Metea Valley HS)	1:01.28	Greenville, 4/13/19
Davis Nguy (Bloomington, Ill. / Normal Community HS)	1:02.26	Greenville, 4/13/19

3000 Meter Steeplechase

IWU Record: Tony Robbins	9:17.50	1982
Seth Borrowman (Washington, Ill. / Washington HS)	9:59.36	CCIW, 5/4/19
Jonathan Durr (Chatham, Ill. / Glenwood HS)	11:12.67	Dewey, 4/20/19

4x100 Meter Relay

IWU Record: Harden, Olopo, Conti, Rose	40.91	2008
Brian Worby (Dwight, Ill. / Pontiac Township HS)	43.63	CCIW, 5/4/19
Michael Hones (Pontiac, Ill. / Pontiac Township HS)		
Dylan Ruskin (Deerfield, Ill. / Deerfield HS)		
Kyonn Keith (Bloomington, Ill. / Bloomington HS)		

4x400 Meter Relay

IWU Record: Harden, Conti, Olopo, Dunham	3:13.33	2008
Brian Worby (Dwight, Ill. / Pontiac Township HS)	3:24.88	CCIW, 5/4/19
Michael Hones (Pontiac, Ill. / Pontiac Township HS)		
Jeremy Glickman (Wilmette, Ill. / New Trier HS)		
David Horn (Champaign, Ill. / St. Thomas More HS)		
Brian Worby (Dwight, Ill. / Pontiac Township HS)	3:29.22	Greenville, 4/13/19
Dylan Ruskin (Deerfield, Ill. / Deerfield HS)		
Jeremy Glickman (Wilmette, Ill. / New Trier HS)		
David Horn (Champaign, Ill. / St. Thomas More HS)		
Brian Worby (Dwight, Ill. / Pontiac Township HS)	3:35.61	Knox, 3/30/19
Michael Hones (Pontiac, Ill. / Pontiac Township HS)		
Dylan Ruskin (Deerfield, Ill. / Deerfield HS)		

David Horn (Champaign, Ill. / St. Thomas More HS)		
Seth Borrowman (Washington, Ill. / Washington HS)	3:57.18	Knox, 3/30/19
Davis Nguy (Bloomington, Ill. / Normal Community HS)		
PrithviRaj Bandaru (Aurora, Ill. / Metea Valley HS)		
Kelly Hoffmann (Elmwood, Ill. / Elmwood HS)		

High Jump

IWU Record: Heath Weddle	6' 11 ¼"	1991
Patrick Foster (Park City, Ill. / Carmel Catholic HS)	6' 2"	Dewey, 4/20/19
Jake Mahaffey (Plainfield, Ill. / Providence Catholic)	6'	Knox, 3/30/19
Davis Nguy (Bloomington, Ill. / Normal Community HS)	5' 1 ¾"	Knox, 3/30/19

Pole Vault

IWU Record: Steve Zimmerman	15' 8 ¼"	2000
Ethan Kett (Elmhurst, Ill. / York HS)	13' 10"	Dewey, 4/20/19

Long Jump

IWU Record: Martez Clark	24' 2 ¼"	1999
Brian Worby (Dwight, Ill. / Pontiac Township HS)	22' 5 ¾"	CCIW, 5/4/19
Davis Nguy (Bloomington, Ill. / Normal Community HS)	19' 6"	Knox, 3/30/19
Seth Carlile (Waukegan, Ill. / Gurnee Warren HS)	18' 3"	CCIW, 5/4/19

Triple Jump

IWU Record: Dan Stinde	49' 6"	1985
Marqus Harvey (Bloomington, Ill. / Bloomington HS)	42' 4"	CCIW, 5/4/19
Jake Mahaffey (Plainfield, Ill. / Providence Catholic)	40' 6 ¾"	CCIW, 5/4/19
Seth Carlile (Waukegan, Ill. / Gurnee Warren HS)	39' 1 ¼"	DePauw, 4/6/19

Shot Put

IWU Record: Jason Dennis	55' 3"	2000
Cole Paraday (Frankfort, Ill. / Lincoln Way East HS)	47' 5 ¼"	Greenville, 4/13/19
Colin Orchard (Lindenhurst, Ill. / Lakes Community HS)	46' 0"	CCIW, 5/4/19
Robert Hicks (Evergreen Park, Ill. / Evergreen Park HS)	37' 8"	Greenville, 4/13/19
Davis Nguy (Bloomington, Ill. / Normal Community HS)	26' 10"	DePauw, 4/6/19

Discus Throw

IWU Record: Jason Dennis	178' 10"	2000
Cole Paraday (Frankfort, Ill. / Lincoln Way East HS)	147' 6"	Illinois College, 4/27/19
Colin Orchard (Lindenhurst, Ill. / Lakes Community HS)	138' 5"	Illinois College, 4/27/19
Robert Hicks (Evergreen Park, Ill. / Evergreen Park HS)	101' 6"	Greenville, 4/13/19
Davis Nguy (Bloomington, Ill. / Normal Community HS)	73' 9"	Illinois College, 4/27/19

Hammer Throw

IWU Record: Steven Kirk	184' 11"	2012
Jake Williams (Canton, Ill. / Canton HS)	163' 8"	CCIW, 5/4/19
Colin Orchard (Lindenhurst, Ill. / Lakes Community HS)	158' 9"	CCIW, 5/4/19
Cole Paraday (Frankfort, Ill. / Lincoln Way East HS)	126' 6"	Illinois College, 4/27/19

Javelin Throw

IWU Record: John Munch	197' 10"	1995
Lee Lieser (Frankfort, Ill. / Lincoln Way East HS)	130' 6"	DePauw, 4/6/19
Jake Williams (Canton, Ill. / Canton HS)	90' 4"	Knox, 3/30/19
Davis Nguy (Bloomington, Ill. / Normal Community HS)	92' 5"	DePauw, 4/6/19

Decathlon

IWU Record: Dave Nolte	6257 pts.	1998
Davis Nguy (Bloomington, Ill. / Normal Community HS)	4510 pts.	CCIW, 5/4/19

Updated by Kevin Pillar, May 20, 2019